



## First Aid for Disaster Response

Saturday, Nov. 18, 2017

9:00am – 1:00pm

Lucas Valley Homeowner's  
Association  
1201 Idylberry Rd  
Upper Lucas Valley, 94903

Pre-registration **required** (30  
spots ONLY)

To register, please contact:

**Kelby Jones:**

**[kelbymjones@gmail.com](mailto:kelbymjones@gmail.com)**

**415.499.0871**

Suggested \$5 tax deductible  
donation to Marin Medical  
Reserve Corps Foundation

# First Aid for Disaster Response FADR

Life Saving Skills you'll use  
when emergency professionals can't get there

Marin Medical Reserve Corps  
Marin Medical Reserve Corps Foundation



## Learn how to:

- **Recognize a basic life threat**
- **Clear and protect an airway**
- **Stop severe bleeding; includes principles and practice of tourniquet application**
- **Apply a splint and sling**
- **Safely lift and carry a victim**

“I feel more confident I can help, after taking this class.”

*--FADR Participant*

This four-hour, skill-building workshop trains participants to recognize life threats in 15 seconds, protect an airway and stop bleeding.

Although designed for non-medical volunteers, many MDs, RNs and EMTs have attended the workshop and evaluated it as a timely and valuable update in knowledge and skills.

Marin Medical Reserve Corps MDs, RNs and EMTs lead the training and provide individual coaching. Marin County Department of Health & Human Services will provide Continuing Education Credits to MMRC RNs and EMTs who complete the class.

The focus is to build skills to help save a life in the first few minutes to hours after a major disaster, when 911 crews likely won't be able to help everybody that needs help.

The class is very interactive in design:

- short lectures
- demonstrations
- ample time to practice skills
- expert presenters and coaches to guide your practice
- use first aid supplies you normally can find at home